

Course Title: **Stroke Management**

Course Code: **RHAB809**

Descriptor Start Date: **13/07/2020**

POINTS: **15.00**

LEVEL: **8**

PREREQUISITE/S:

COREQUISITE/S:

RESTRICTION/S:

## LEARNING HOURS

Hours may include lectures, tutorials, online forums, laboratories. Refer to your timetable and course information in Canvas for detailed information.

**Total learning hours: 150**

## PRESCRIPTOR

Critiques and advances the knowledge of principles and practice of stroke care, prevention, management and rehabilitation in hospital and community settings. Explores and examines epidemiology, acute, early post-acute and chronic stages of stroke care and management, as well as stroke primary and secondary prevention, prevention of post-stroke complications and principles of stroke care organisation in hospital and community levels.

## LEARNING OUTCOMES

1. Analyse and interpret medical and epidemiological evidence to demonstrate an understanding of stroke pathology and diagnosis, stroke burden and stroke risk factors.
2. Critique the literature regarding an area of stroke prevention OR management/rehabilitation.
3. Synthesise relevant literature and critically consider integration of research findings into practice.
4. Present work at the appropriate academic standard.

**Disclaimer: Course descriptors may be amended between teaching periods/semesters**

## CONTENT

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- Impact of stroke on patients, their families and the society
  - Stroke incidence and prevalence in the world and New Zealand, ethnic disparities, trends and predictions
  - Costs of stroke care (direct and indirect costs) and cost-saving strategies
- Primary and secondary stroke prevention
  - Stroke risk factors and primary stroke prevention (population-based and high-risk prevention strategies)
  - Principles and methods of secondary stroke prevention
- Principles of management of people with acute stroke
  - Medical diagnosis of and principles of evidence-based management of people with stroke
  - Types and functioning of stroke units; organisation and principles of in-hospital rehabilitation post-stroke; inter-professional problem solving
  - Stroke outcomes and prevention of post-stroke complications
  - Patient and family education
- Principles of management of people with post-acute stroke
  - Knowledge of organisation of community stroke services
  - Current knowledge of long-term consequences of stroke and family caregiver burden/support

## LEARNING & TEACHING STRATEGIES

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A variety of methods will be used to deliver the content of the course. The seminars, lectures, and tutorials will be delivered and online learning methods and formative tasks will be used to facilitate discussion, knowledge and understanding to detect selected aspects of content and facilitate a community of ongoing peer and lecturer support.

## ASSESSMENT PLAN

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Assessment Event	Learning Outcomes
Online Task	LO1
Written Assessment (4,000 words)	LO2, LO3, LO4

<b>Grade Map</b>	<b>MAP1A</b>
	A+ A A- Pass with Distinction
	B+ B B- Pass with Merit
	C+ C C- Pass
	D Fail

### Overall requirement/s to pass the course:

Students must achieve all learning outcomes in order to pass this course.

## LEARNING RESOURCES

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**For further information, contact:** Te Ara Hauora A Putaiao - Faculty of Health & Environmental Science

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**Principal Programme: AK3733, Master of Health Practice**

**Related Programme/s: AK3484 Postgraduate Certificate in Health Science  
AK3485 Master of Health Science  
AK3487 Postgraduate Diploma in Health Science  
AK3733 Master of Health Practice**

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