

Course Title: **Skill Acquisition**

Course Code: **SPOR632**

Descriptor Start Date: **01/01/2026**

POINTS: **15.00**

LEVEL: **6**

PREREQUISITE/S:

COREQUISITE/S:

RESTRICTION/S:

LEARNING HOURS

Hours may include lectures, tutorials, online forums, laboratories. Refer to your timetable and course information in Canvas for detailed information.

Total learning hours: 150

PRESCRIPTOR

Develops pedagogical expertise around the development of movement related skills through the application of contemporary skill acquisition theory.

LEARNING OUTCOMES

1. Demonstrate knowledge of and draw suitable inferences from contemporary skill acquisition theory.
2. Recognise and describe the needs of learners relevant to skill development.
3. Construct a scholarly, evidence-based justification for a skill development plan.
4. Construct a holistic plan for skill development, reflecting environmental and contextual learner needs.
5. Critically reflect on and apply feedback to a skill development plan.

CONTENT

- Motor behaviour
- Non-linear pedagogy
- Principles of skill acquisition
- The constraints led approach
- Skill for coaches and trainers
- Perception and action

Disclaimer: Course descriptors may be amended between teaching periods/semesters

LEARNING & TEACHING STRATEGIES

Lectures introduce topics. These are followed by tutorial/workshop and practical sessions wherein concepts introduced are further studied and applied in a practical setting. Video analysis and small group teaching techniques are also used. Time is given in class to work directly on assignments on a week-to-week basis.

ASSESSMENT PLAN

Assessment Event	Weighting %	Learning Outcomes
Written Assessment	20.00	LO1, LO2, LO3
Written Assessment	30.00	LO1, LO2, LO3, LO4
Interactive Oral Assessment	50.00	LO1, LO2, LO4, LO5

Grade Map

MAP1

A+ A A- Pass with Distinction
B+ B B- Pass with Merit
C+ C C- Pass
D Fail

Overall requirement/s to pass the course:

Students must achieve an overall average grade of at least C- across all summative assessments to pass this course.

LEARNING RESOURCES

Refer to Canvas for a list of the recommended readings and resources for this course.

For further information, contact: Te Ara Hauora A Putaiao - Faculty of Health & Environmental Science

Principal Programme: AK3521, Bachelor of Sport, Exercise and Health

Related Programme/s: AK1031, AK1032

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